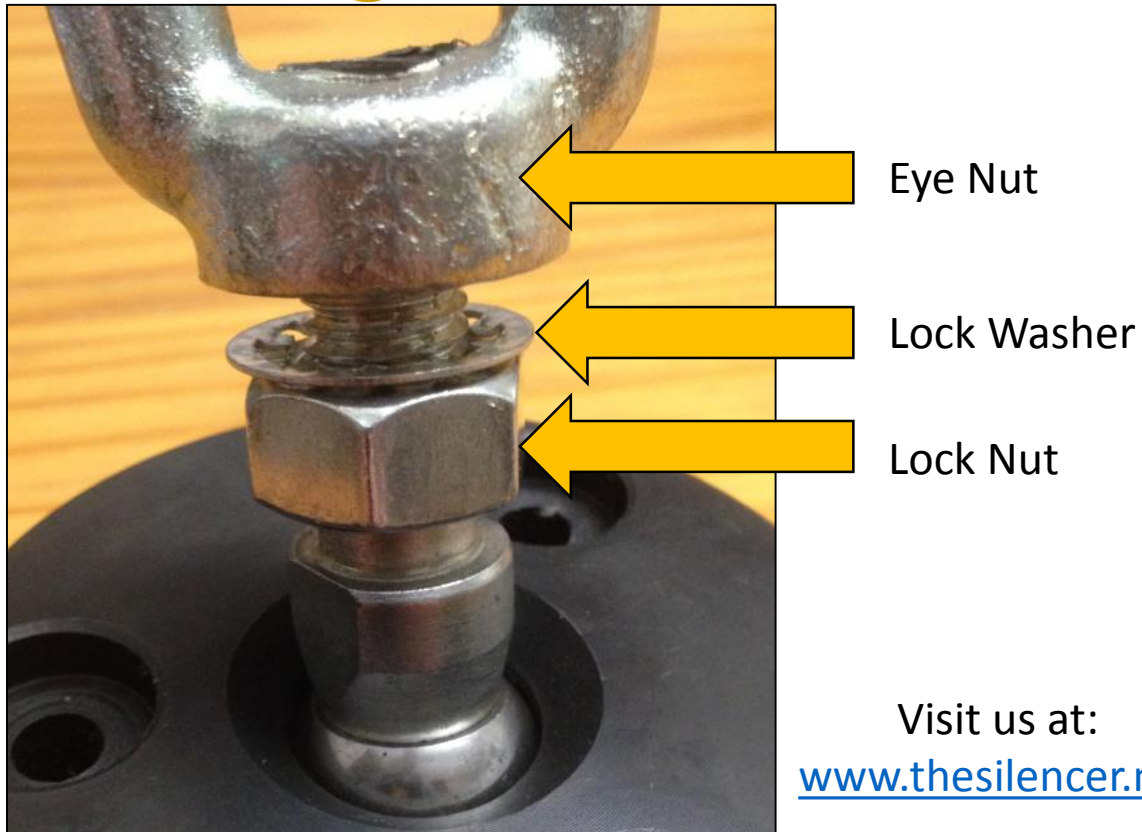


# Proper Tightening

1. Thread Lock Nut all the way (Fig. A)
2. Slide on Lock Washer (Fig. A)
3. Thread Eye Nut all the way (Fig. A)
4. Torque Lock Nut and Eye Nut against each other by turning the Lock Nut counterclockwise and the Eye Nut clockwise. (Fig. A)
5. Ensure lock washer is sandwiched tightly as shown in (Fig. B)

## Fig. A



THE HEAVY BAG  
MOUNTING SYSTEM  
SILENCER

## Fig. B

